

SS Peter & Paul

Student Lunch \$2.30 Milk Only \$0.35 Adult Lunch \$3.85

Your lunch includes: An entrée with protein and whole grains, vegetable side dish, fruit side dish, and a choice of milk.
Students must take 3 of the 5 components but must select 1/2 cup fruit or vegetable to qualify as full meal.
Milk choices include skim white and skim chocolate. All milk is Michigan-produced and artificial hormone-free.

August/September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
		August 22 French Toast Sticks and Sausage Tator Tots Mandarin Oranges	August 23 Pepperoni Calzone Green Beans Sweet Pineapple Tidbits	August 24 Teriyaki Chicken Asian Bowl Pinto Beans 100% Apple Juice
August 27 Spaghetti & Meat Sauce & Breadstick Green Peas Tropical Mixed Fruit	August 28 Salisbury Steak & Roll Mashed Potatoes Diced Pears	August 29 Cheese Filled Breadsticks (2) Dipping Sauce Green Beans Peaches	August 30 Burrito Refried Beans Fruit Cocktail	August 31 NO SCHOOL
September 3 NO SCHOOL LABOR DAY	September 4 Chicken Alfredo with Rotini & Dinner Roll Broccoli Florets Applesauce	September 5 Mini Corn Dogs (6) Corn Mandarin Oranges	September 6 Soft Shell Taco with Cheddar Cheese Refried Beans Diced Pears	September 7 Chicken Tenders & Waffles Tator Tots Diced Peaches
September 10 Chicken Quesadilla Golden Corn Tropical Mixed Fruit	September 11 Grilled Cheese & Tomato Soup Crunchy Celery Pineapple Tidbits	September 12 Hot Dog on WG Bun Baked Beans Fruit Cocktail	September 13 Turkey Gravy with Dinner Roll Mashed Potatoes Diced Pears	September 14 Ham Chef Salad with Pretzels Baby Carrots Diced Peaches
September 17 Lasagna Roll Up with Garlic Toast Green Beans Sweet Peaches	September 18 Chicken Smackers & Breadstick Crunchy Celery Diced Pears	September 19 SSPP Cold Lunch Only	September 20 8th Grade Fundraiser	September 21 Cheese Filled Breadsticks (2) Dipping Sauce Romaine Lettuce Mandarin Oranges
September 24 Chicken Smackers Breadstick Corn Fresh Apple	September 25 Soft Shell Taco with Cheese Refried Beans Diced Pears	September 26 French Toast Sticks Sausage Tator Tots Mandarin Oranges	September 27 8th Grade Fundraiser	September 28 Teriyaki Chicken Asian Bowl Breadstick Asian Veggie Blend 100% Apple Juice

A new Free & Reduced Application must be filled out EVERY year! Your application will EXPIRE in October if you do not apply! Visit www.lunchapp.com or ask your school office for a paper appl



Questions? Comments?
twnelson@ioniaschools.org



or call Food Service at
527-1731
Tracy Nelson, Food Service Director

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

(B) MWF – Pizza is second choice; Tues – Hamburger is second choice

(C) Peanut Butter and Jelly Uncrustable